

spa pamper days
for men and women



In an area renowned for its natural beauty outside...
there is now a place dedicated to the inner you.



All Spa days include:

- Rio Pure smoothie on arrival
- 2 hours spa experience
- Lunch from the Spa menu

Make your own pamper package _____ **£59**

Choose 3 from the following

- Back neck and shoulder massage
- Express facial
- File and paint
- Hand massage
- Facial massage
- Foot massage
- Scalp massage
- Aromatic back massage

Spa day _____ **£25**

- Spa Session
- Drink on arrival
- Lunch and drink

Couples pamper _____ **£65**

- Rasul Mud treatment for two

Bronze _____ **£71**

- Back Neck and Shoulder Massage
- Absolute hydration Facial

Silver _____ **£82**

- Aromatic or Deep Tissue Massage
- Aquarelle facial

Gold _____ **£105**

- Sea & Senses Face
- Sea & Senses Body

It's a Man thing _____ **£85**

- Ocean Facial
- Swedish Full Body Massage

All lunches must be pre-ordered when booking.
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Committed to your
health & wellbeing 